



**Benefit Modification for Members with**

**Shield Spectrum PPO<sup>SM</sup> 250-90/70 Standard**

**Effective January 1, 2027**

This is a summary of specific benefit changes to your plan. For a list of legislative mandates and Blue Shield required changes, refer to the accompanying Contract and Benefit Changes list. Please contact your benefits administrator or call Customer Service for additional information regarding your plan.

2026 Benefit	2027 Benefit
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**Benefits**

	When using a Participating Provider	When using a Non-Participating Provider		When using a Participating Provider	When using a Non-Participating Provider
<b>Other professional services</b> Teladoc Health consultation	\$0	Not covered	<b>Physician services</b> Virtual Blue program primary or Specialist care visit	\$0	Not covered

**Mental Health or Substance Use Disorder Benefits**

	When using a Participating Provider	When using a Non-Participating Provider		When using a Participating Provider	When using a Non-Participating Provider
<b>Outpatient services</b> Teladoc Health consultation	\$0	Not covered	<b>Outpatient services</b> Virtual Blue program mental health visit	\$0	Not covered

*Benefits are subject to modification for subsequently enacted state or federal legislation.*

**Note:** This document is only a summary for informational purposes. It is not a contract. Please refer to the *Evidence of Coverage* and the Plan Contract for the exact terms and conditions of coverage.



## NOTICES AVAILABLE ONLINE

### **Nondiscrimination and Language Assistance Services**

Blue Shield complies with applicable state and federal civil rights laws. We also offer language assistance services at no additional cost.

View our nondiscrimination notice and language assistance notice: [blueshieldca.com/notices](https://blueshieldca.com/notices). You can also call for language assistance services: **(866) 346-7198 (TTY: 711)**.

If you are unable to access the website above and would like to receive a copy of the nondiscrimination notice and language assistance notice, please call Customer Service at **(888) 256-3650 (TTY: 711)**.

### **Servicios de asistencia en idiomas y avisos de no discriminación**

Blue Shield cumple con las leyes de derechos civiles federales y estatales aplicables. También, ofrecemos servicios de asistencia en idiomas sin costo adicional.

Vea nuestro aviso de no discriminación y nuestro aviso de asistencia en idiomas en [blueshieldca.com/notices](https://blueshieldca.com/notices). Para obtener servicios de asistencia en idiomas, también puede llamar al **(866) 346-7198 (TTY: 711)**.

Si no puede acceder al sitio web que aparece arriba y desea recibir una copia del aviso de no discriminación y del aviso de asistencia en idiomas, llame a Servicio al Cliente al **(888) 256-3650 (TTY: 711)**.

### **非歧視通知和語言協助服務**

Blue Shield 遵守適用的州及聯邦政府的民權法。同時，我們免費提供語言協助服務。

如需檢視我司的非歧視通知和語言幫助通知，請造訪 [blueshieldca.com/notices](https://blueshieldca.com/notices)。您還可致電尋求語言協助服務：**(866) 346-7198 (TTY: 711)**。

如果您無法造訪上述網站，且希望收到一份非歧視通知和語言幫助通知的副本，請致電客戶服務部，電話：**(888) 256-3650 (TTY: 711)**。