



Promise Health Plan

Blue Shield of California Promise Health Plan Medi-Cal Doula Birth Outcome Report

Blue Shield Promise requests for all contracted doulas to track a minimum set of postpartum data elements for each assigned member and submit a Birth Outcome Report within sixty (60) calendar days after the member's delivery date. Please complete all sections below. Type or print legibly on this form.

Please email to: **BSCPromiseDoula@blueshieldca.com**

1. Doula Group Provider/Individual Doula Information

Doula Group Name (If Applicable):

National Provider Identifier (NPI):

Individual Doula Name:

National Provider Identifier (NPI):

2. Member Information

Member's Name:

Member's Plan ID:

Member's DOB:

Member's Race/Ethnicity:

Member's County/ZIP:

Date of Delivery:

Birth Outcome Report Data Measure

1. Did the member deliver as a result of having a C-Section? ☐ Yes ☐ No
2. Did the member have a NTSV birth? ☐ Yes ☐ No
3. Was the infant born at a low birth weight? ☐ Yes ☐ No
If so, what was the infants birth weight?
4. Was the infant born preterm? ☐ Yes ☐ No
If so, how many weeks pregnant was member at time of delivery?
5. Was breastfeeding initiated by the member after delivery? ☐ Yes ☐ No
6. Did the member deliver as a result of an induction of labor? ☐ Yes ☐ No
7. Did the member receive an epidural during labor? ☐ Yes ☐ No
8. Was the infant admitted to a NICU after delivery? ☐ Yes ☐ No

Birth Outcome Report Data Measure Definitions

- Caesarean Section (C-Section) - delivery of an infant through horizontal or vertical incisions (surgical cuts) made in the abdomen and uterus
- Nulliparous, Term, Singleton, Vertex (NTSV) C-Section Rate - babies born at or beyond 37.0 weeks gestation to women in their first pregnancy, that are singleton (no twins or beyond) and in the vertex presentation (no breech or transverse positions)
- Low Birth Weight - less than 2,500g (5 lb, 8 oz)
- Preterm Birth - prior to 37 weeks
- Early Breastfeeding Initiation - putting infant at the breast less than one hour after birth
- Induction - use of medications or other methods to bring on (induce) labor
- Epidural - medication for pain relief during labor and delivery
- Infant admitted to Neonatal Intensive Care Unit (NICU) - intensive care unit specializing in the care of ill or premature newborn infants