

# HEDIS Provider Guide:

## Controlling High Blood Pressure (CBP)



Measure Description	Using Correct Billing Codes																				
<p>Patients 18 to 85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (&lt;140/90 mm Hg) during the measurement year.</p> <p><b>Note:</b></p> <ul style="list-style-type: none"> <li>The most recent blood pressure (BP) reading during the measurement year on or after the second diagnosis of hypertension is used.</li> <li>BP readings taken during acute inpatient or emergency department (ED) visits are not eligible.</li> </ul> <p><b>Telehealth Visits:</b></p> <p>Automated BP values reported by members during telehealth visits may be used only if taken with a digital device and documented in the medical record.</p> <p><b>Exclusions:</b></p> <ul style="list-style-type: none"> <li>Diagnosis of end-stage renal disease</li> <li>Pregnancy</li> <li>Receiving hospice or palliative care</li> </ul>	<p><b>Codes to Identify Hypertension</b></p> <table> <tr> <th>Description</th><th>ICD-10-CM Codes</th></tr> <tr> <td>Hypertension</td><td>I10, I11.9, I12.9, I13.10, I16.0, I16.1, I16.9</td></tr> </table> <p><b>Codes to Record Systolic Results</b></p> <table> <tr> <th>Description</th><th>CPT-CAT-II Codes</th></tr> <tr> <td>Systolic blood pressure less than 130 mm Hg</td><td>3074F – compliant</td></tr> <tr> <td>Systolic blood pressure 130 – 139 mm Hg</td><td>3075F – compliant</td></tr> <tr> <td>Systolic blood pressure greater than or equal to 140 mm Hg</td><td>3077F – noncompliant</td></tr> </table> <p><b>Codes to Record Diastolic Results</b></p> <table> <tr> <th>Description</th><th>CPT-CAT-II Codes</th></tr> <tr> <td>Diastolic blood pressure less than 80 mm Hg</td><td>3078F – compliant</td></tr> <tr> <td>Diastolic blood pressure 80-89 mm Hg</td><td>3079F – compliant</td></tr> <tr> <td>Diastolic blood pressure greater than or equal to 90 mm Hg</td><td>3080F – noncompliant</td></tr> </table>	Description	ICD-10-CM Codes	Hypertension	I10, I11.9, I12.9, I13.10, I16.0, I16.1, I16.9	Description	CPT-CAT-II Codes	Systolic blood pressure less than 130 mm Hg	3074F – compliant	Systolic blood pressure 130 – 139 mm Hg	3075F – compliant	Systolic blood pressure greater than or equal to 140 mm Hg	3077F – noncompliant	Description	CPT-CAT-II Codes	Diastolic blood pressure less than 80 mm Hg	3078F – compliant	Diastolic blood pressure 80-89 mm Hg	3079F – compliant	Diastolic blood pressure greater than or equal to 90 mm Hg	3080F – noncompliant
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### Best practices for improving HEDIS scores

#### Timely BP monitoring

- Take BP readings at every visit and re-check at visit end if  $\geq 140/90$ .
- If multiple BP readings are taken on the same date, use the lowest systolic and the lowest diastolic values from that day.

#### Accurate coding and documentation

- Always document both systolic and diastolic values clearly and separately.
- Submit CPT II codes to reflect BP readings.

#### Device and technique accuracy

- Use proper cuff sizes, support the arm at heart level, and keep feet flat on the floor.
- Calibrate BP devices annually. Use automated machines when possible.

#### Patient support and education

- Educate patients on lifestyle changes, sodium intake, medication adherence, and physical activity.
- Submit an authorization for durable medical equipment for a BP monitor if a member needs one or contact your Blue Shield Quality Program Manager to learn about our remote BP programs.

#### Treatment and follow-up

- Reassess elevated BP within 2-4 weeks and adjust treatment as needed.
- Review medication history and adherence; modify treatment if control is not achieved.
- Engage case managers, care coordinators, or pharmacists to support adherence and monitoring.

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