

# Blue Shield of California

and

**Providence** 



Blue Shield of California and Providence have teamed up to work toward a better experience for our members. We're working together to create better coordination and communication among our members' health plan, doctors, and hospitals.

Together, we're helping to provide members with best-practice, clinical care that is more personalized and easier to access.

#### **About Providence**

At Providence, we are pursuing innovative ways to transform health care by keeping people healthy, and making our services more convenient, accessible and affordable for all. We are committed to high-quality, compassionate health care for everyone. We help people and communities benefit from the best health care model for the future -today.

As a comprehensive health care organization, we are serving more people, and advancing best practices. Providence is committed to touching millons of lives and enhancing the health of the American West to transform care for the next generation and beyond.

trio HMO

Part of **Blue Shield's Trio ACO HMO Network**, focused on delivering choice, affordability, and coordinated care. Learn more at **blueshieldca.com/trio**.





#### Access and convenience

# Providence makes it easy to access care when you need it.

- Same-day appointments: We offer you the ability to see a personal clinician, nurse practitioner, or other medical professional within 24 hours of contacting the provider.
  - Appointment should be scheduled directly with your physician's office. Check with your local medical group for specific availability.
- Walk-ins provide you an alternative to emergency room visits for non-emergency care at urgent care locations.

#### Service and support

# Our facilities, programs, and services provide extra health and wellness support.

- Personal service team ready to help you choose your doctor and hospitals. Call (888) 432-5464, or visit www.providence.org
- Access to the most advanced specialized services and technology in:
- Cancer
- Neurology
- Heat and vascular
- Women's health
- Orthopedics
- And more

# URGENT CARE CENTERS

When you're afflicted by non-life-threatening conditions, but still need immediate treatment:

- Aliso Viejo
  - South Coast Medical Group
- 949-389-8969
- Anaheim

Gateway Urgent Care Center

714-778-3838

Anaheim Hills

Anaheim Hills Urgent Care 714-257-6170

- Carson
- 310-835-9227 Cypress
- Cypress Urgent Care 714-903-8900
- Dana Point
  Lagung Dang Urgent C
- Laguna Dana Urgent Care 949-248-8900
- **Del Amo** 310-792-4444
- Fullerton

St. Jude Heritage Med Grp 714-449-6230

Irvine

Sand Canyon Urgent Care 949-417-0272

Laguna Hills

Sand Canyon Urgent Care 949-206-4633

 Manhattan Beach 310-376-6262 Mission Viejo

Kids Doc (patients birth to 17) 949-682-4750

Mission Heritage Med Grp

949-276-2111

Orange

Pacific Urgent Care & Family Medicine

714-921-3870

• Redondo Beach 310-318-9992

 Sunrise Multispecialist Urgent Care

714-771-1420

- St. Joseph Heritage Med Grp 714-628-3300
- San Juan Capistrano

San Juan Pediatrics Inc. 949-388-9009

Santa Ana

St. Joseph Heritage Med Grp 714-571-7700

• Santa Monica 310-829-8441

• San Pedro 310-241-2590

• Torrance 310-618-9200

 West Covina SmartClinic Urgent Care 626-581-1000

- Expertise in preventive medicine and services to help keep you healthy and out of the hospital whenever possible.
- Numerous community education classes, support groups, prevention and wellness programs including courses on Healthy Living, Parenting, Childbirth, Diabetes, Conditions Management, and more.

### Online services

Providence provides a secure, convenient way to manage your personal health care and communicate with your doctor's office online. This free self-service tool gives you a secure way to:

- Access your medical records
- · Request or cancel appointments
- Request prescription renewals
- View test and lab results

## **ExpressCare**

Providence offers online care and same-day appointments for a wide range of health issues. Common ailments like fever, cough, cold, sore throat, skin, respiratory and much more!

Visit www.Providence.org/ExpressCare for more info.

# H HOSPITAL AFFILIATIONS

- St. Jude Medical Center
- Providence Little Company of Mary Medical Center -Torrance and San Pedro
- St. Joseph Hospital Orange
- Providence Saint Joseph Medical Center
- Providence Saint John's Health Center
- Providence Cedar Sinai Tarzana Medical Center

- Providence Holy Cross Med Ctr.
- Mission Hospital Mission Viejo
- Mission Hospital Laguna Beach
- St. Mary Medical Center

# M MEDICAL GROUPS AND AFFILIATED PHYSICIANS

- Axminster
- Facey Medical Group
- Mission Heritage Medical Group
- Mission Hospital Affiliated Physicians
- Saint John's Physician Partners
- St. Joseph Heritage Medical Group
- St. Jude Heritage Medical Group
- St. Mary High Desert Medical Group
- St. Joseph Hospital Affiliated Physicians
- St. Jude Affiliated Physicians

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